



“Practical Karate and fitness for all ages and ability”

A.O.M Karate Jutsu Covid19 Safe Training Policy:

Developed to comply with Indoor Sports Group INDUSTRY SAFE COVID PLAN:

FACILITY -

1. To facilitate Covid-19 contact tracing only students who have booked in via the RSVP function of the A.O.M Team App will be permitted to train. Time of entry and exit will be noted.
2. If you are ill or someone in your immediate family is ill, you are not permitted to attend training.
3. The following mandatory “In-class” safety procedures will apply:
 - a. All participants will be temperature tested via a forehead thermometer and those over the prescribed temperature will not be permitted to enter the training area ¹
 - b. Hand sanitizer will be provided and must be used by all members on entering the training area.
 - c. A ‘single user’ rule for all equipment i.e. focus pads, gloves etc may only be used by the one person in any class – all equipment will be appropriately cleaned after usage.
 - d. When so permitted, by Government regulation, partner training can occur. Under this Policy a training partner must remain as the same person for the duration of the class (i.e. no changing training partners).
4. Students should bring their own water bottles, rather than rely on shared water fountains
5. Students should arrived dressed and ready to train avoiding the need to use shared change facilities
6. If there is a back to back class no new student may enter until all students from the previous class exited.

¹ If the scanner’s reading result is within the normal range of body temperature (equal to or less than 37.3°C) then it is considered safe to allow access to the location. If a person’s temperature is equal to or in excess of 38°C, the designated screener must follow the procedure to manage a person with symptoms and the person will not be allowed to enter the class training area.



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7. Where possible entry to and exit areas will be separate.
8. No spectators will be allowed
9. Parents to drop off and pick up outside the building
10. Parents that have a valid reason for remaining at training, such as health support, should ; advise the instructor prior to the session and abide by the 1.5 m social distancing restriction whilst the event takes place.
11. Parents should use online communication, App’s chat feature, email or SMS to contact instructors with queries, concerns or questions rather than face to face at the venue
12. There will be no cash transactions at the training venue; all financial transactions need to be carried out electronically.
13. All attendance and contact details of attendees will be recorded. Please note this information will be used for covid contact tracing purposes if required.